



Help Club for Moms

Help Club for Moms Book and Companion Guide

READING SCHEDULE

- **Week 1: Orientation**
 - THE HELP CLUB FOR MOMS BOOK (HCFM):
 - Mama, Do you need help?
 - You Belong Here: Welcome to the Club
 - HCFM COMPANION GUIDE:
 - Intro to Companion Guide
 - Praise A, B, C's
 - Worship Your Way to Victory
 - Have a Talk With God
- **Week 2: The Wise Woman Cultivates Her Spirit**
 - HCFM BOOK: Days 1 – 5
 - HCFM COMPANION GUIDE: Days 1 – 5
- **Week 3: The Wise Woman Cultivates Her Spirit**
 - HCFM BOOK: Days 6 – 10
 - HCFM COMPANION GUIDE: Days 6 – 10
- **Week 4: The Wise Woman Loves Her Husband**
 - HCFM BOOK: Days 11 – 15
 - HCFM COMPANION GUIDE: Days 11 – 15
- **Week 5: The Wise Woman Loves Her Husband**
 - HCFM BOOK: Days 16 – 21
 - HCFM COMPANION GUIDE: Days 16 – 21
- **Week 6: The Wise Woman Loves Her Children**
 - HCFM BOOK: Days 22 – 26
 - HCFM COMPANION GUIDE: Days 22 – 26
- **Week 7: The Wise Woman Loves Her Children**
 - HCFM BOOK: Days 27 – 32
 - HCFM COMPANION GUIDE: Days 27 – 32
- **Week 8: The Wise Woman Creates a Home**
 - HCFM BOOK: Days 33 – 36
 - HCFM COMPANION GUIDE: Days 33 – 36
- **Week 9: The Wise Woman Creates a Home**
 - HCFM BOOK: Days 37 – 39
 - HCFM COMPANION GUIDE: Days 37 – 39
- **Week 10: The Wise Woman Cultivates Friendship**
 - HCFM BOOK: Days 40 – 43
 - HCFM COMPANION GUIDE: Days 40 – 43
- **Week 11: The Wise Woman Cultivates Friendship**
 - HCFM BOOK: Days 44 – 46
 - HCFM COMPANION GUIDE: Days 44 – 46